



Port Orange Recreation Department 2022 Soccer Rules

Revised 12/23/21

National Federation of High School Rules with the following exceptions:

1. U4, U6, U8, and U10, will play four (8) minute quarters, (1) minute between quarters, (5) minute for halftime. U14 boys & girls will play four (10) minute quarters, (1) minute between quarters, (5) minute for halftime. **Overtime for U8 – U14 will not take place until the playoffs.**
2. **All players in uniform must play a total equivalent to 2 full quarters or 1 full half each game.** All leagues will have open subbing; however, it is on the coach to make sure each player plays at least half of each game. If a coach fails to do so, he or she will sit out their next game.
3. **Games:**
 - U4 & U6 will play 6v6 without goalies and may start and finish a game with 5 players. No keeping score or standings in these leagues.
 - U8, U10 and U14 boys' and girls' divisions will play 9v9, which is 8 plus a goalie. Teams may start and finish a game with 6 players. If a team has less than 6 players, they will forfeit the game.
 - Teams may start and finish a game with 5 players. If a team has less than 5 players, they will forfeit the game.
 - *Note: As an example, if a team has 8 players and the other team has 7 players at the start of the game, it is up to the coach who has more players if they want to play down to make it even but does not have to.*
4. **For all age groups, there is a (10) minute grace period for the first game only.**
5. All players and coaches must stay in their designated team area.
6. A coin toss will determine which team kicks off to start the game. Teams will switch sides at halftime.
7. There is **NO protesting**. All decisions will be decided by the Referee and Supervisor(s).
8. **If for any reason, a player, coach or spectator is removed from a game for unsportsmanlike conduct, they will miss their next game. If a second infraction occurs during the season. The offender will be removal from the league for the remainder of the season.**
9. U4, U6, U8, & U10 leagues will not have offsides called. U14 boys/girls will play with offsides calls.
10. The goalie can pick up the ball anywhere inside the penalty box, but not when their own team passes them the ball. **In the U8 and U10 leagues only: If the goalie dropped the ball and then picks it back up, the first time will be corner kick for the other team. If the goalie picks it up again it will be called a PK for the other team.**
11. U4, U6, U8 & U10 divisions will have direct kicks on all penalties. U14 divisions will play with both Indirect and Direct kicks on penalties, deemed by referee. Indirect means someone must touch the ball before you can score. Direct means you can score on the free kick without anyone touching the ball.
12. **NO leagues can score from a kickoff.**
13. **No slide tackling:** All slide tackles will be considered dangerous play and will result in a Direct kick for the other team.

14. **Heading the ball is prohibited in practices and games for U4, U6, U8 & U10 divisions. If there is a head ball during a game the other team will receive possession of the ball (*Referee judgement call*). If the defensive team heads the ball in the goal box, a corner kick will be awarded to the other team. If the offensive team heads the ball in the goal box, a goal kick will be awarded to the other team. U14 divisions may head the ball in games ONLY, no heading the ball in practices.**
15. **Goalie shirts will be provided; however, players may wear their own goalie uniform if desired.**
16. Ball sizes: (U4 & U6 size 3), (U8 & U10 size 4), (U14 size 5).
17. Team standings: teams will get 2 points for a win and 1 point for a tie.
18. **Equipment check will start 10 minutes prior to the start of the game. All players must be in full matching uniform tops, shin guards with soccer socks over shin guards and black soccer shorts without pockets. NO JEWELRY ALLOWED such as earrings of any style, bracelets, necklaces, sunglasses (unless prescription), hats and wristwatches. Note: Taping over earrings is NOT ALLOWED.**
19. **All games are official. If a game gets called due to inclement weather before half time, the game will be rescheduled and start where it left off. Games called due to weather after half time are considered a competed game and will not be made up.**
20. It will be the coach's responsibility to check for rainouts and when the game will be made up. For immediate updates, text the word RECALERT to 55678 and Like us on Facebook at www.facebook.com/portorange parks.
21. **Tournament Tie Breaker:** For seeding purposes, it will go- 1st head-to-head, 2nd goals against difference, 3rd goals scored difference, 4th coin flip.
22. **Tournament Overtime:**
 - One (5) minute golden goal period, meaning first team to score wins.
 - If there is still no winner after golden goal, game goes into PK's (penalty kick), (5) shooters each team. Coin flip will decide who shoots first.
 - If still tied, another round of PK's will take place and (5) new shooters will be picked from each team. Whichever team did not shoot first in opening round, will now go first.
 - If still tied, each team will pick their top (1) shooter and will go head-to-head in PK's until a winner is deemed. Coin flip will decide who goes first.